



## Upper Midwest Osteopathic Health Conference

Thursday, May 4<sup>th</sup> – Obesity Day

9 credit hours

Time	Session Title	Speaker	Location
6:30 AM	<b>Registration Opens</b>		Foyer
7:00 AM – 8:00 AM	Help Your Patients Lose Weight- The Current Status of Obesity Treatment	Carolynn Francavilla, MD	Salon A-C
8:00 AM – 9:00 AM	The Psychology of Obesity	Sara Schwatken, PhD, LP, HSPP	Salon A-C
9:00 AM – 9:15 AM	<b>Break</b>		Foyer
9:15 AM – 10:15 AM	Obesity & Cardiometabolic Health: "Let Food be Thy Medicine"	Vanitha Singaram, MD	Salon A-C
10:15 AM – 11:15 AM	Targeting Cardiovascular Disease Prevention with Medical Weight Loss Therapy	Lena Rydberg, DO	Salon A-C
11:15 AM – 12:15 PM	Obesity and Cancer	Richard Deming, MD	Salon A-C
12:15 PM – 1:15 PM	<b>Non-CME Lunch Sponsored by Rhythm Pharmaceuticals</b> – Introduction to Rare Melanocortin-4 Receptor Pathway Diseases**	Jennifer Paisley, MD, FAAP, ABOM	Salon D
1:15 PM – 2:15 PM	The Skinny on Weight Loss Medications	Carolynn Francavilla, MD	Salon A-C
2:15 PM – 3:15 PM	Surgical Treatment Options for Morbid Obesity	Todd Eibes, MD, FACS	Salon A-C
3:15 PM – 3:45 PM	<b>Exhibit Hall Break</b> , sponsored by Rhythm Pharmaceuticals		Exhibit Hall
3:45 PM – 4:45 PM	Irritable Bowel Syndrome	Tyler Aasen, DO	Salon A-C
4:45 PM – 5:45 PM	Advances in the Surgical Management of Obstructive Sleep Apnea (OSA): More Than Just the UP3	Thomas Heineman, MD	Salon A-C
5:45 PM – 6:45 PM	<b>Evening Reception in Exhibit Hall</b>		Exhibit Hall

*Schedule Subject to Change*

\*Iowa Admin. Code r. 653-11.4(272C): Iowa-licensed physicians who provide primary care must complete two hours of Category 1 training for chronic pain management and two hours of Category 1 training for end-of-life care every five years.

\*\*Not eligible for CME Credit

# Friday, May 5<sup>th</sup> – General Session

8 credit hours

Time	Session Title	Speaker	Location
6:45 AM	<b>Registration Opens</b>		Foyer
7:00 AM – 8:00 AM	<b>Non-CME Breakfast Sponsored by Sunovion</b> – Discover the Impact of GEMTESA: A Selective $\beta$ 3-Adrenergic Agonist for Effective OAB Treatment**	Matt Rosenberg, MD	Salon D
8:00 AM – 9:00 AM	Physician Wellness: Caring for Yourself When You Care for Others	Sheila Russell, LISW, CADC	Salon A-C
9:00 AM – 10:00 AM	The World of Medical Employment – Updates, Changes, and Issues	Jo Ellen Whitney, JD	Salon A-C
10:00 AM – 10:30 AM	<b>Exhibit Hall Break</b> , sponsored by Sunovion		Exhibit Hall
10:30 AM – 11:30 AM	Documentation, Billing, and Coding for OMT	Adrian Woolley, DO	Salon A-C
11:30 AM – 12:30 PM	When Do I Call the Foot and Ankle Physician?	Tim Holcomb, DPM	Salon A-C
12:30 PM – 1:30 PM	<b>Lunch</b>		Salon D
12:30 PM – 1:30 PM	Rethinking Migraine: Leading Patient Care in the Treatment and Prevention of Migraine Attacks – Presentation Sponsored by AbbVie**	Mark Purcelli, DO	
1:30 PM – 2:30 PM	Update on Medical Cannabis in Iowa	Andrea Hoyt, PharmD, JD, MPA	Salon A-C
2:30 PM – 3:30 PM	Insomnia in the Elderly	Brian Quinn, DO	Salon A-C
3:30 PM – 4:00 PM	<b>Exhibit Hall Break</b>		Exhibit Hall
4:00 PM – 6:00 PM	Chronic Pain Management* 4:00 – 5:00 PM: <i>Pain Medicine in Geriatric Medicine</i> with Brian Quinn, DO 5:00 – 6:00 PM: <i>Opioid Prescribing in Primary Care</i> with Noreen O’Shea, DO		Salon A-C
5:15 PM – 6:00 PM	<b>New Practitioners Roundtable Discussion &amp; Saving Time Tips &amp; Tricks Roundtable Discussion</b>		Junior Ballroom
6:00 PM – 6:30 PM	<b>Group Happy Hour</b>		Hotel Bar
Starting at 6:45 PM	<b>Restaurant Roulette!</b> Visit our website to learn more and register!		Downtown Des Moines

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# Friday, May 5<sup>th</sup> – Emergency Medicine Track

7 credit hours

*Supported by Status Health Partners*

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6:45 AM	<b>Registration Opens</b>		Foyer
7:00 AM – 8:00 AM	<b>Non-CME Breakfast Sponsored by Sunovion</b> – Discover the Impact of GEMTESA: A Selective $\beta$ 3-Adrenergic Agonist for Effective OAB Treatment**	Matt Rosenberg, MD	Salon D
8:00 AM – 9:00 AM	Pediatric Respiratory Emergencies	Laura Socwell, MD	Junior Ballroom
9:00 AM – 10:00 AM	Chance Favors the Prepared Mind, a Trauma Case Review	Christopher Wistrom, DO	Junior Ballroom
10:00 AM – 10:30 AM	<b>Exhibit Hall Break</b> , sponsored by Sunovion		Exhibit Hall
10:30 AM – 11:30 AM	Stroke: Evaluation and Early Management	David Friedgood, DO	Junior Ballroom
11:30 AM – 12:30 PM	Imposter Syndrome and the Emergency Physician	Brian Freeman, DO	Junior Ballroom
12:30 PM – 1:30 PM	<b>Lunch</b>		Salon D
12:30 PM – 1:30 PM	Rethinking Migraine: Leading Patient Care in the Treatment and Prevention of Migraine Attacks– Presentation Sponsored by AbbVie**	Mark Purcelli, DO	
1:30 PM – 2:30 PM	911 Eye	Valerie Kounkel, DO	Junior Ballroom
2:30 PM – 3:30 PM	Tales from an Ortho Surgeon: Detroit Gun Club and Other Emergencies	Todd Peterson, DO, FAAOS	Junior Ballroom
3:30 PM – 4:00 PM	<b>Exhibit Hall Break</b>		Exhibit Hall
4:00 PM – 5:00 PM	EMTALA: Obligations and Requirements, An Update	Paul Hudson, COO, MBA, MHA	Junior Ballroom
5:15 PM – 6:00 PM	<b>New Practitioners Roundtable Discussion &amp; Saving Time Tips &amp; Tricks Roundtable Discussion</b>		Junior Ballroom
6:00 PM – 6:30 PM	<b>Group Happy Hour</b>		Hotel Bar
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7:00 AM	<b>Registration Opens</b>		Foyer
7:15 AM – 8:00 AM	<b>Retiring/Transitioning into Retirement Roundtable Discussion &amp; Parent Practitioners Roundtable Discussion</b>		Salon D
8:00 AM – 10:00 AM	Osteopathic Approach to the Shoulder Girdle Lecture and Workshop	Boyd Buser, DO	Salon A-C
10:00 AM – 10:15 AM	<b>Break/DMU Poster Contest Q&amp;A</b>		Foyer
10:15 AM – 12:15 PM	The Sacrum in Clinical Practice	Drew Lewis, DO, FAAO, FNAOME, FAOCPRM, FAAPMR	Salon A-C
12:15 PM – 1:15 PM	<b>Non-CME Lunch Sponsored by Legally Mine</b> – Proper Use of Legal Entities for Lawsuit Protection and Tax Reduction**	Daniel J. McNeff, CEO	Salon D
1:15 PM – 1:45 PM	<b>Annual Business Meeting</b> With special guest, AOA President Elect, Ira Monka, DO		Salon D
1:45 PM – 3:45 PM	Introduction to the Fascial Distortion Model	Jose Figueroa, DO	Salon A-C
3:45 PM – 4:00 PM	<b>Break</b> , sponsored by Legally Mine		Foyer
4:00 PM – 6:00 PM	End of Life Care*	Ben Collins, DO	Salon A-C

**Optional Saturday Add-On: *Sign up for hands on simulations with the University of Iowa SIM-IA truck!***

Simulation in Motion—Iowa (SIM-IA) answers a critical need for emergency and trauma related simulation training in rural areas of Iowa. This year, IOMA and SIM-IA are partnering at the UMOHC to offer limited availability simulation training opportunities for our attendees.

**Simulations will run hourly on Saturday, May 6th. There are 36 one-hour slots available, and they can be booked with your conference registration. Slots will be assigned first-come, first-served. There will be a \$30 fee to participate. Attendees who sign up for a one-hour slot will get hands-on practice in a small group with both of the following simulations:**

- **An Infant with Severe RSV:** An infant comes into your office as their respiratory system begins to fail and it requires some aggressive management. During care a seizure occurs and airway management is addressed with intubation.
- **Adult Trauma:** A male patient fell from his tree stand and sustained multiple injuries including an impaled object and a hemorrhage that requires a “Stop the Bleed” procedure. The patient will need respiratory management, a needle decompression, and eventually intubation.

For more information about the University of Iowa SIM-IA truck, visit: <https://sim-ia.uiowa.edu/>

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